



SIGN UP TO OUR DIGITAL INCLUSION PROJECT DIRECTLY FROM YOUR HOME

Technology made easy

We know how frustrating it can be trying to find your way around a computer, a smart phone or a tablet and that's why we have teamed up with BT and Sky to improve your skills and gain a better understanding of IT.

- · How to use your device from scratch
- · Making calls
- · Staying safe on-line
- Social Media such as Facebook & WhatsApp
- On-line shopping
- On-line banking
- Manage your prescriptions and GP appointments
- · Using public services

A friendly operator will contact you by phone and guide you through the bascis and give you a better understanding about your device.

Get the best out of your your computer, tablet or smart phone and let us know what you want to learn to help you connect.

To register please contact us on 0191 4773559 sharon.dryden@ageukgateshead.org.uk AND kate.wildish@ageukgateshead.org.uk

Age UK Gateshead House on the Hill Gateshead NE10 9LR